Hope as a Skill: Understanding and Treating Suicide Risk
M. David Rudd, Ph.D., ABPP

Date: Thursday, December 12th, 2019
Time: 9:00 AM – 4:30 PM, December 12th, 2019
* Check-in registration from 8:30 – 9:00 AM

Location: University of California, Irvine
Newkirk Alumni Center
450 Alumni Court, Irvine, CA 92617

Registration Cost: $100.00 (through December 2nd) / $125.00 (beginning December 3rd)

CE Credits: 6 (will only be granted to those who attend the entire program and complete an evaluation).

Program Description:
An empirically validated brief cognitive therapy (BCBT) for the assessment and treatment of suicide risk will be covered. A key part of the model is the construct of hope, recognizing that hope is a skill with identifiable component parts. The BCBT model applies to all aspects of clinical care, including assessment, day to day clinical management and ongoing treatment. Critical elements include an understanding of motivation to die and suicide intent, along with empirically validated clinical interventions including a commitment to treatment statement, crisis response planning/safety planning, methods restriction, and targeted skill development and self-management. Clinical cases will be integrated and particular interventions demonstrated.

Learning Objectives:
1. Participants will understand & employ a brief cognitive behavioral model for understanding, assessing, & treating suicide risk.
2. Participants will recognize and utilize a distinction between acute and chronic risk in risk assessment decisions.
3. Participants will understand and utilize an empirically-informed interventions in the treatment of suicide risk.
4. Participants will recognize a range of ethical issues that emerge in the clinical management of suicide risk.

About the Presenter:
M. David Rudd, Ph.D., ABPP is president and Distinguished Professor of Psychology at the University of Memphis. He completed his doctoral training at the University of Texas-Austin and finished a post-doctoral fellowship in cognitive therapy at the Beck Institute in Philadelphia. He is a Diplomate of the American Board of Professional Psychology and a Fellow of professional societies including the American Psychological Association, the International Association of Suicide Research, and the Academy of Cognitive Therapy. He recently was elected Distinguished Practitioner and Scholar of the National Academies of Practice in Psychology. In addition to his clinical work, he is an active researcher with over 170 publications. He has authored several books, and his research has been recognized both nationally and internationally. He has served as a consultant to many organizations including both the US Air Force and Army, the Department of Defense, and the Beijing suicide Prevention and Research Center.

Click on the following link to register:
REGISTRATION WEBSITE

The UCI Counseling Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The UCI Counseling Center maintains responsibility for this program and its content.