

Multicultural & Relational Supervision: Making the Invisible Visible
Carmen Cruz, Psy.D.

Date: Monday, March 21, 2022

Time: 9:00 AM – 4:30 PM (PST)

Location: Virtual training by Zoom

Registration Deadline: March 18, 2022

Fee: Free for UCI Counseling Staff

CE Credits: 6 (*will only be granted to those who attend the entire program and complete an evaluation*).

Zoom link: To be provided after
registration

Program Description:

The purpose of this training is to review aspects of competency-based clinical supervision as well as multicultural and relational supervision models. Special attention will be provided to supervisor awareness and insight about how their own diversity identity variables impact supervisory alliances. Participants will also engage in self-reflection regarding how issues of power are explored, or not, within a supervisory relationship as well as bi-directional microaggressions in the supervision process.

Learning Objectives:

1. Apply a multicultural lens to clinical supervision
2. Describe and critique multicultural models of supervision
3. Identify ways in which one's personal cultural identity variables impact supervisory relationships
4. Discuss and identify one's awareness regarding power and identity variables in the supervisory relationship
5. Describe and explore supervisory style of building relational safety within supervisory context

Agenda:

9:00 - 10:30:	Part I – Review competency focus on training/supervision
10:30-10:45:	Break
10:45-12:15:	Part II – Identify power and identity variables in the supervisory relationship
12:15-1:15:	Lunch break
1:15-2:45	Part III – Review multicultural models of supervision and research
2:45-3:00	Break
3:00-4:30	Part IV - Explore supervisory style of building relational safety within supervisory context

About the Presenter:

Dr. Carmen Cruz is a Licensed Psychologist and Diversity Educator. She is currently Associate Director and Director of Training at Texas Woman's University Counseling and Psychological Services in Denton, Texas. She is a diversity and gender specialist and enjoys working to help individuals understand people who are different than themselves. Her professional interests include teaching/supervision, multicultural psychology, cultural/spiritual development, and the impact of stigma in seeking help. Dr. Cruz also provides trainings and consultation for institutions who aim to improve their perspectives and inclusion within their organizations. Dr. Cruz completed her undergraduate studies in Psychology and Criminal Justice at Florida International University in Miami, Florida and received her doctoral degree from the Center for Psychological Studies at Nova Southeastern University in Fort Lauderdale, Florida. One personal note, she is a Cuban American woman from Miami who now lives in a super cool small music and college town in north Texas. She loves spending time with her wife and kids, and especially her cool cats, Macho and Eli.

Click on the following link to register:

[**Multicultural & Relational Supervision
CE Training - Registration Form**](#)



The UCI Counseling Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The UCI Counseling Center maintains responsibility for this program and its content.