

**DSM-5-TR: Rationale, Process, and Overview of Changes
with Michael First, M.D.**

Date: Monday, October 3, 2022

Time: 9:30am – 11:00am (PST)

Location: Virtual training by Zoom

Registration Deadline: Wednesday, September 28, 2022

Fee: Free

CE Credits: 1.5 (*will only be granted to those who attend the entire program and work at UCI*)

**Zoom link: To be provided
after registration**

Program Description:

The DSM-5 text revision (DSM-5-TR) is the first published revision of DSM-5 since its original publication in 2013. This presentation will cover the rationale for the DSM-5-TR as well as the revision process, and will then focus on the most clinically important changes. These include addition of diagnostic categories (prolonged grief disorder; stimulant-induced mild neurocognitive disorder, unspecified mood disorder, and a category to indicate the absence of a diagnosis), the provision of ICD-10-CM symptom codes for reporting suicidal and non-suicidal self-injurious behavior, modifications of selected the diagnostic criteria (persistent depressive disorder, avoidant/restrictive food intake disorder, delirium) and updates in terminology (e.g., replacing “neuroleptic medications” with “antipsychotic medications or other dopamine receptor blocking agents” throughout the text and replacing “desired gender” with “experienced gender” in the text for Gender Dysphoria).

Learning Objectives:

1. The learner will describe the rationale and goals of the DSM-5-TR
2. The learner will be able to discuss the most important changes to the DSM criteria and changes in terminology
3. The learner will demonstrate understanding of the various improvements to the descriptive text

Agenda:

9:30 - 10:45: Background: rationale for DSM-5-TR and revision process
Summary of extent of changed text
Addition of New Disorders: Prolonged Grief Disorder, stimulant-induced mild neurocognitive disorder, unspecified mood disorder, and a category to indicate the absence of a diagnosis)
Addition of symptom codes (suicidal behavior and non-suicidal self-injury)
New Terminology
Additional updates after release of DSM-5-TR

10:45 – 11:00: Questions and Answers

About the Presenter:

Michael B. First M.D., is a Professor of Clinical Psychiatry at Columbia University in the Division of Behavioral Health Sciences and Policy Research, Diagnosis and Assessment Unit at the New York State Psychiatric Institute, and maintains a psychopharmacology practice in Manhattan. Dr. First is a nationally and internationally recognized expert on psychiatric diagnosis and assessment issues and has conducted expert forensic psychiatric evaluations in both civil and criminal matters, including the 2006 trial of the 9/11 terrorist Zacarias Moussaoui.

Dr. First is the Editor and Co-chair of the American Psychiatric Association's DSM-5 text revision (DSM-5-TR), Editorial and Coding Consultant for DSM-5, and the chief technical and editorial consultant on the World Health Organization's ICD-11 revision project. Dr. First was the Editor of the DSM-IV-TR, the Editor of Text and Criteria for DSM-IV and the American Psychiatric Association's Handbook on Psychiatric Measures. He has co-authored and co-edited a number of books, including A Research Agenda for DSM-V, the DSM-5 Handbook for Differential Diagnosis, the various versions of the Structured Clinical Interview for DSM-5 (SCID-5), and Learning DSM-5 by Case Example. He has trained thousands of clinicians and researchers in diagnostic assessment and differential diagnosis.

**[Click here to register for the CE event,
DSM-5-TR: Rationale, Process, and
Overview of Changes](#)**



The UCI Counseling Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The UCI Counseling Center maintains responsibility for this program and its content.