

**Students with Autism Spectrum Disorder on Campus: Therapeutic Interventions  
with Ylena Shayne, Psy.D.**

**Date:** Friday, July 7, 2023

**Time:** 9:00am – 11:00am (PST)

**Location:** Virtual training by Zoom

**Registration Deadline:** Thursday, July 6, 2023

**Fee:** Free

**CE Credits:** 2 (will only be granted to those who attend the entire program and work at UCI)

**Zoom link: To be provided  
after registration**

**Program Description:**

As an increasing number of students with Autism Spectrum Disorder transition into college and university settings, it has become increasingly important for University and College Counseling clinicians to understand the unique nature of those students' experiences in order to support their successful completion of associate and/or undergraduate degrees. This presentation will help clinicians better understand the experience of students with Autism Spectrum Disorder while on college/university campuses, including clinical presentation and barriers to seeking assistance, general therapeutic interventions that have shown to be effective when working with this population, and provision of sensitive, supportive, and empowering clinical care.

**Learning Objectives:**

- Describe clinical presentation of Autism Spectrum Disorder (ASD) and the ways ASD may impact a student's college experience.
- Explain therapeutic interventions and treatment approaches that are most effective when working with students diagnosed with ASD.
- Identify barriers to students diagnosed with ASD seeking therapy and support services on campus.
- Discuss case examples to facilitate collaboration regarding treatment approach.

**Agenda:**

9:00AM-10:00AM: Understanding ASD and the experience of students diagnosed with ASD within college context  
10:00AM – 11:00AM: Therapeutic interventions when working with students diagnosed with ASD.

**About the Presenter:**

**Dr. Ylena Shayne** (pronouns: she/her/hers) is a licensed clinical psychologist who has worked with college students at several university counseling centers and has provided clinical services within community mental health, outpatient, medical, assisted living, and group and individual private practice settings. She currently serves as a Senior Staff Psychologist and liaison to Disability Services Center at the UC Irvine Counseling Center, as well as serving as a private practitioner providing therapy to adults and couples in her private practice. Dr. Shayne's interest in working with individuals diagnosed on the Autism Spectrum began during her graduate training when she had the opportunity to develop and co-facilitate a drama therapy group for inpatient adolescents with co-morbid diagnosis of Autism Spectrum Disorder, as well as provide individual therapy in an outpatient setting through The Help Group. As working with students diagnosed with ASD is often an overlooked clinical need on college campuses, Dr. Shayne actively sought out opportunities to work with students diagnosed with ASD after transitioning to University Counseling. Dr. Shayne has identified key therapeutic skills and expertise that are useful when providing care within short-term treatment models at college settings.

**[Click here to register for the CE event, Students with Autism Spectrum Disorder on Campus: Therapeutic Interventions](#)**

