

# PEER EDUCATOR RECOMMENDATION FORM

For further information, check out the Counseling Center website: <a href="http://www.counseling.uci.edu/peer-programs/peer-educator.html">http://www.counseling.uci.edu/peer-programs/peer-educator.html</a>. If you have questions, please email: <a href="ucipeereducators@gmail.com">ucipeereducators@gmail.com</a>

# **Timeline for the selection process:**

April 22nd, 2024- Deadline by 5PM

(Applications and recommendation forms must be received by this date) Only one recommendation form is required, but two are preferred.

May 18th, 2024- Interviews

(For further inquiries, please contact us)

#### APPLICATION DEADLINE

April 22nd, 2024. To be turned in electronically to ucipeereducators@gmail.com with Subject Line

"Peer Educator Program Application" or in-person at the Counseling Center

### TIME COMMITMENT

7-10 hrs a week for the 2024-2025 academic year; some

evening/weekend hours

#### **CLASS TIME**

Wednesday, 3-5pm

# ACADEMIC REQUIREMENTS

Minimum GPA of 2.5

#### **ACADEMIC CREDIT**

School of Social Ecology

-198 Directed Studies (Fall, Winter, Spring) 3 units, P/NP

-195 Field Study Site (Winter or Spring)

#### **MISSION**

As a component of the Counseling Center's Consultation and Outreach Program, the Peer Educator Program trains undergraduate students to provide psychoeducational (primary prevention) services to the UCI student body.

# POSITION DESCRIPTION

Participate in weekly training/supervision sessions

- Collaborate with fellow Peers Educators to create and present interactive psychoeducational workshops to various student groups
- Meet with Counseling Center Staff to better understand Counseling Center services and to gain insight into potential future careers
- Assist staff with primary prevention outreach events
- Market the services of the Counseling Center and the Peer Program through flyering, tabling, poster-making, in-class announcements, and other creative outreach methods
   Raise funds to support the program
- Complete assignments relevant to development as both a Peer Educator and an individual
   Create a special project to improve the program for future
   Peer Educators

# \*\*SKILLS TO BE ACQUIRED

- Understanding the mental health needs of university students
- Workshop design and presentation skills
- Knowledge of primary prevention content areas (e.g. stress reduction)
- Understanding the role of a university counseling center
- Time management skills
- Cultural competency in interaction with a diverse community
- Communication skills and inclusive language
- Ability to recognize signs of distress and make a referral
- Leadership skills and collaboration skills
- Models of college student development

\*\*Listings are not all-inclusive.

**NOTE ABOUT APPLICATION:** The recommendation forms must be completed by instructors, advisors, or supervisors from your current or previous place of employment. Recommendations from family members, friends, or students cannot be accepted. All recommendations, in order to be accepted, must clearly state the name, position, and school/business of the recommender and be sent directly to Dr. Thano in business envelopes. Recommendations can also be emailed to Dr. Thano at <a href="mailto:sthano@uci.edu">sthano@uci.edu</a> and CC <a href="mailto:ucipeereducators@gmail.com">ucipeereducators@gmail.com</a>. Recommendations delivered by the applicant cannot be accepted.

# COUNSELING CENTER PEER EDUCATOR SELF EVALUATION AND ESSAY STATEMENT

Recommendation Form Deadline: April 22nd, 2024 @5pm

The Counseling Center trains a small, select group of students to assist the professional staff in providing psychoeducational (primary prevention) outreach services to UCI students. It is expected that applicants will have an interest in making public presentations and in facilitating small group discussions. Students most likely to experience a sense of achievement in the program are those who manifest strong leadership and social skills, assertiveness, good judgment, creativity, initiative, follow- through, and commitment. Counseling Center Peer Educators receive training in, for example, college student development, communication skills, public speaking, group facilitation skills, workshop planning/delivery, and outreach and consultation skills.

1. Please rate the Peer candidate on the following scale. Circle a number 1-7:

	(needs improvement)					(outstanding)	
Organization skills	1	2	3	4	5	6	7
Communication skills (public speaking)	1	2	3	4	5	6	7
Ability to work as part of a team	1	2	3	4	5	6	7
<u>Initiative</u>	1	2	3	4	5	6	7
Follow through	1	2	3	4	5	6	7
<u>Leadership skills</u>	1	2	3	4	5	6	7
Maturity	1	2	3	4	5	6	7
Accepts responsibility	1	2	3	4	5	6	7
<u>Uses good judgment</u>	1	2	3	4	5	6	7
Creativity	1	2	3	4	5	6	7
Time Management Skills	1	2	3	4	5	6	7

2. Please describe your working relationship with the candidate:
3. Briefly describe the candidate's strengths:
4. Briefly describe the candidate's area(s) for growth:
5. Overall, would you:  Highly recommend this candidate Recommend
<ul> <li>Recommend with reservations</li> <li>Not recommend this candidate</li> <li>*If more convenient, please feel free to write your brief responses to questions 3 and 4 on an attached page.</li> </ul>
Signature of Recommender: Date:
Name: Title:
Place of Employment:

Email form to Dr. Thano at sthano@uci.edu or mail/deliver this form to:

Saimir Thano, Ph.D. Counseling Center University of California, Irvine Student Services I, Room 203 Irvine, CA 92697-2200