

Transforming Clinical Supervision: From Good to Exceptional

Edward Shafranske, Ph.D., ABPP

Date: Thursday, March 19th

Time: 9:00 AM – 4:30 PM (PST)

Location: Balboa Island Room B, Student Center Building, 4th Floor.

Registration Deadline: March 16th

Fee: Free for all who attend (by invite only)

CE Credits: # 6 hours (will only be granted to those who attend the entire program).

Program Description:

Clinical supervision is the cornerstone of developing clinical competence for mental health professionals. Despite its importance, survey research suggests high variability in its conduct. This workshop presents a competency-based approach to transform good supervision to excellent supervision. Competency-based clinical supervision provides a trans-theoretical approach that can be applied across all training settings, with attention to metacompetence and multicultural factors, to develop the full range of clinical competencies. Through the presentation of theory, research, video exemplars and experiential activities, participants will be introduced to a foundation of best practices to enhance the supervisory experience, perform clinical oversight, and develop clinical competence.

Learning Objectives:

- Identify two “best practices” to establish effective supervisory alliances
- Describe the stages in the learning cycle
- Describe two “best practices” in giving feedback

Agenda:

Time	Topic	Activities
09:00-10:30	Foundations of Clinical Supervision A Competency-Based Approach to Clinical Supervision Alliance and Best Practices Learning Cycle	Theory and Research Presentation Survey Experiential activity on constituents of competencies tailored to university counseling centers
10:30 -10:45	Break	

10:45 –12:00	Personal Factors and Supervision Effectiveness (multicultural/contextual factors; personal reactivity)	Theory and Research Presentation Small group discussion Video
12:00 –01:00	Lunch	
1:00 –02:30	Evaluating Clinical Competence and Providing Feedback	Theory and Research Experiential activities Video review Practice activities
2:30 –02:45	Break	
2:45 –04:30	Self-care and Trauma-focused Strains Going Forward: Supporting a Culture of Support and Clinical Competence	Theory and Research Presentation Reflection and Small Group Activities

About the Presenter:

Edward Shafranske, Ph.D., ABPP, is Professor of Psychology, Muriel Lipsey Chair in Clinical and Counseling Psychology, and Director of the Psy.D. Program in Clinical Psychology at Pepperdine University. A fellow of APA, he has published widely in the fields of clinical supervision and the applied psychology of religion. His scholarship includes 12 books and over 65 articles and book chapters. He is the co-author (with Dr. Carol Falender) of *Clinical Supervision: A Competency-Based Approach, 2nd.ed.* (2001). In addition, Dr. Shafranske is senior faculty and co-director of the research committee at the New Center for Psychoanalysis, Training and Supervising Analyst at the Newport Psychoanalytic Institute, and supervisor in the psychiatric residency program at the Keck School of Medicine at USC, and is in private practice in Irvine, CA, and represents California psychologists on the APA Council of Representatives.

Click on the following link to register:

<https://uci.questionpro.com/t/AcLWCZ8FI1>